

Wellness Advisory Committee

Thursday March 14th, 2024

3:30 pm Milford High School Library

Agenda

1. Meeting minutes approval; **Thursday January 11th, 2024**
2. Milford School District
 - *Teams' Building Reports*
 - *District Wellness Policy*
 - *District Wellness Recommendations*
 - *Subcommittee, Sena, Jaime & Jean-Guy*
 - *Food services update (Mandy)*
 - *CATCH my breath/ Christi*
 - *Food Insecurity/ Judy*
3. District health
 - *Substance Use Disorder presentation/ Jaime*
 - *COVID recent CDC changes*
 - *Current community and district initiatives*
 - *Dental clinics update/ Jaime*
 - *CPR/AED training*
 - *Dress code HP, how to address changes/ Sena*
 - *Playworks/ Sena*
 - *Lunch period*
 - *YRBS data/ Jean-Guy*
4. Other

Milford School District Advisory Committee

SAU Office:

Christi Michaud - Superintendent
*Jenny Graves - Business Administrator
*Karen Langille - H.R.
Mandy Dodier – District Kitchen Manager

School Board:

Judy Zaino - School Board Chairman
Amy Clark-Canty – School Board

Jacques:

Brett Pearson – PE/Health
Jessica Duquette - Nurse

HP

*Siza Mtimbiri – HP principal
Sena Bigelow - P.E./Health
Melissa Goulet - Nurse

MMS

Jaime Morin - School nurse
Amy Perkins - Health teacher
Sharon Wilson – Curriculum Coordinator

MHS

*Keith Jones- Asst. Principal
Anna Short - School Nurse
Jean-Guy Letarte – Wellness
Heather Fortin – School Social Worker
*Charles Cevasco – Senior student

Project Drive

Lisa Girouard - Mental Health counselor

Meeting Dates

Tuesday October 17th 2023 @ MHS Library 3:30pm

Thursday January 11th 2024 @ MHS Library 3:30pm

Thursday March 14th 2024 @ TBA

Thursday May 9th 2024 @ TBA