

The Milford School Board is committed to helping to ensure that all students within the Milford School District are supported in their physical and emotional well-being, recognizing that these are essential to academic success and personal development. To further the above, along with the complementary objectives of fostering a safe and supportive environment for its students, the Board endorses the following measures:

1. Physical Health Support

- a. Ensure access to nutritious meals and clean drinking water.
- b. Provide regular physical education and opportunities for physical activity.
- c. Maintain clean, safe, and accessible school facilities.
- d. Offer health screenings and referrals to medical services as available.

2. Emotional and Mental Health Support

- a. Implement age-appropriate social-emotional learning programs.
- b. Provide regular training for staff on mental health awareness and trauma-informed practices.
- c. Employ qualified school counselors and social workers.

3. Prevention and Intervention

- a. Establish procedures for identifying and supporting students in crisis.
- b. Promote anti-bullying initiatives and conflict resolution programs.
- c. Explore ways to collaborate with families and community organizations to extend support beyond school.

Parents/guardians are encouraged to discuss any special physical or emotional concerns they have about their student with the student's teacher, school counselor, or school nurse, as applicable.

NH Statutes

RSA 189:11

Description

[School Boards, Transportation and Instruction of Pupils](#)

NH Dept of Ed Regulation

N.H. Code Admin. Rules Ed 306.04(b)(15)

Description

[Behavior Management and Intervention for Students](#)

N.H. Code Admin. Rules Ed 306.04(b)(23)

[Meeting the Special Physical Health Needs of Students](#)

Cross References

Code

[2286 \(IMAH\)](#)

Description

Daily Physical Activity

[2285 \(JLCF\)](#)

Wellness

[5012 \(JLDBA\)](#)

Behavior Management

[5009 \(JICK\)](#)

Bullying Prevention-Pupil Safety and Violence Prevention

Adopted: May 5, 2026